

No.61/01/2018-Trg/DC/BPR&D  
Government of India  
Ministry of Home Affairs  
**Bureau of Police Research & Development**  
\* \* \* \* \*

National Highway (NH) No. - 8,  
Mahipalpur, New Delhi - 110 037  
Dated : May, 2018

To,

1. DsGP - All States/UTs
2. Director - CBI/NIA/SVP NPA Hyderabad
3. DsG - All CAPFs/CPOs
4. Commissioner of Police - Delhi/Mumbai/Kolkata

**Sub :** Inviting nominations for Vertical Interaction Course on "Building Competencies for Personal Excellence" by Art of Living Foundation Centre, Bengaluru during the Training Calendar 2018-19 sponsored by BPR&D on following dates:-

1. 30.07.2018 to 03.08.2018
2. 24.09.2018 to 28.09.2018
3. 29.10.2018 to 02.11.2018
4. 19.11.2018 to 23.11.2018

Sir,

Bureau of Police Research & Development invites nominations for Vertical Interaction Course on "Building Competencies for Personal Excellence" by Art of Living Foundation, Bengaluru on the dates mentioned above for the Training Calendar 2018-19 for IPS/ Senior Police Officers.

2. It is requested to send nomination of 2 (Two) officers - IPS officers with four years of service & above and State/CAPF/CPO officers with 10 years of service and above & placed in the Pay Matrix Level 11 (old grade pay Rs.6600/-) and above may please be sent on or before the last date of nomination mentioned below for each course through post or e-mail ID<adtic@bprd.nic.in> or by post:-

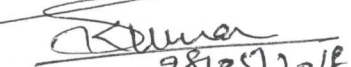
1. 15.07.2018 for course started from 30.07.2018 to 03.08.2018
2. 09.09.2018 for course started from 24.09.2018 to 28.09.2018
3. 14.10.2018 for course started from 29.10.2018 to 02.11.2018
4. 04.11.2018 for course started from 19.11.2018 to 23.11.2018

The following information may please invariably be provided in respect of each of the nominated officer:

- a) Name/Designation/Batch/Present posting of officer
- b) Contact details of nominee (viz Complete Address, Phone/Cell no. and Email ID)

3. Only those officers should be relieved whose nomination are accepted by BPR&D.
4. The list of accepted nomination can be downloaded from BPR&D website  
<[www.bprd.nic.in](http://www.bprd.nic.in)>

Yours faithfully,

  
(Sudhir Kumar)<sup>28/05/2018</sup>  
DIG (Trg.)

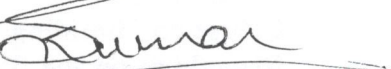
**Copy to :**

1. Addl. DG, BPR&D.
2. The Director – Research, Modernization, NPM, Admn., BPR&D
3. The Director, CAPT, Bhopal.
4. The Principal, CDTS, Kolkata, Hyderabad, Chandigarh, Ghaziabad & Jaipur.
5. In charge Computer Cell to upload the matter in the BPR&D official website.

**Copy for information to :**

1. Sh. Pushp Dant, National Director (Govt. Programmes), The Art of Living Foundation, VVKI Trust Office, Gate No. 1, Art of Living, International Campus, 21st KM, Kanakpura Road, Udaypura, Bengaluru, Karnataka. (E-mail : [pusph.dant@artofliving.org](mailto:pusph.dant@artofliving.org))

Yours faithfully,

  
(Sudhir Kumar)<sup>28/05/2018</sup>  
DIG (Trg.)